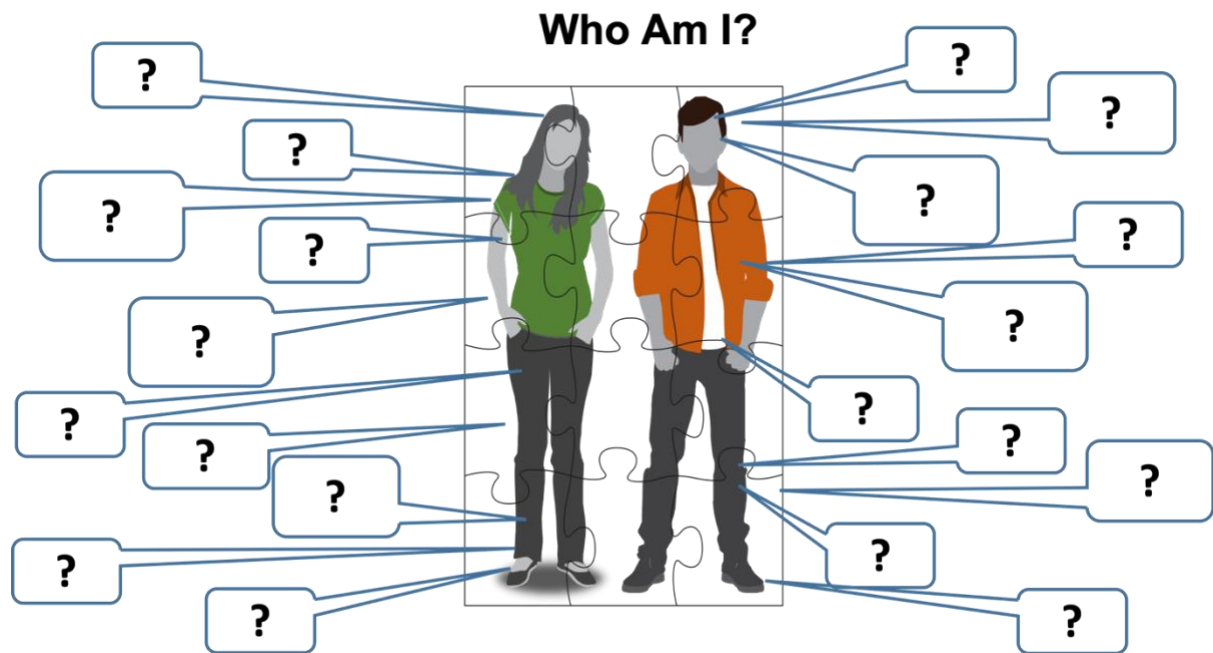


## WHO AM I ?

As you go through this course you will be asked to make notes about what has spoken to you or challenged you for each topic. This is the lesson or module called “your Turn. After this you will see the module “Who Am I ?” Here I am asking you to pick the one thing from this topic that is relevant to the person you want to become. It might be a skill to work on, or an attitude to develop. It might be a principle or law that you feel is valuable to have that the world sees as part of who you are or what you stand for. When you put these things together you will have a very clear picture of .....“Who I Am”

This picture or jigsaw puzzle of who you want to be is a life-long journey to create. However, without a picture to start with you have nothing to aim at, and will most certainly achieve, nothing. Please don't be overwhelmed by this picture, rather understand all you have to do is to put one foot in front of another and start your personal development journey. How do you eat an elephant, .....? one bite at a time. Enjoy the journey and be proud of the person you are becoming.



For each bubble you fill in, write that in a bubble listed below. Now make note of what and how you will develop this as part of “who I am” or will become. Perhaps you can write an affirmation for it to start your program and make it a reality!

Fill in as many as you feel will help you become the person you want to become. Pick one or two at the most to work on at the same time. Add your start date and do a 3, 6, and 12-month progress assessment. Remember you only compare yourself with you, and how you are going. This is none of anyone else's business, unless you choose to share your journey with those you trust.

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

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What things will I do to develop this?

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My Progress assessment:

After 3 months I feel I have:

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After 6 months I feel I have:

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After 12 months I feel I have:

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Have I had insight from a person I trust as to how they think I am going? \_\_\_\_\_

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

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What things will I do to develop this?

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My Progress assessment:

After 3 months I feel I have:

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After 12 months I feel I have:

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Have I had insight from a person I trust as to how they think I am going? \_\_\_\_\_

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

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What things will I do to develop this?

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My Progress assessment:

After 3 months I feel I have:

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After 12 months I feel I have:

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

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What things will I do to develop this?

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Have I had insight from a person I trust as to how they think I am going? \_\_\_\_\_

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

[Lined writing area for benefits]

What things will I do to develop this?

[Lined writing area for development actions]

My Progress assessment:

After 3 months I feel I have:

[Lined writing area for 3-month assessment]

After 6 months I feel I have:

[Lined writing area for 6-month assessment]

After 12 months I feel I have:

[Lined writing area for 12-month assessment]

Have I had insight from a person I trust as to how they think I am going? \_\_\_\_\_

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

How will this benefit me both now and in the future?

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What things will I do to develop this?

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Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

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